



# **In the Company of Women: Indirect Aggression Among Women: Why We Hurt Each Other and How to Stop**

*Pat Heim, Susan Murphy*

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*In the Company of Women* explains how indirect, or "relational," aggression can hurt women and hinder them from achieving success and harmony in their adult lives. Gender studies have shown that when a goal is in sight, men generally use direct action to attain it. Women, on the other hand, have been socialized to express aggressive actions through indirect means-using behavior such as shunning, stigmatizing, and

With startling insights into the meaning of our everyday behavior, this book offers straightforward techniques to change conflict among women into cooperation by resolving discords peaceably, building relationships, and making the most of women's unique leadership and communication skills.

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