



**Consciousness, Gandhi and Yoga:  
Interdisciplinary, East West Odyssey of K.  
Ramakrishna Rao**

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# Consciousness, Gandhi and Yoga: Interdisciplinary, East West Odyssey of K. Ramakrishna Rao

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## Consciousness, Gandhi and Yoga: Interdisciplinary, East West Odyssey of K. Ramakrishna Rao

Sambasiva B. Prasad

Consciousness, Gandhi and Yoga explores the cross-cultural and interdisciplinary Odyssey of K. Ramakrishna Rao spanning over a period of sixty years. Rao's journey is a voyage of discovery of hidden treasures of consciousness in both the East and the West; and this volume is an authoritative sourcebook detailing and discussing that voyage by scholars from around the world. We find here reflections on the extensive contributions of K.R. Rao which contain a rare, and in some ways unique, blend of theory and empirical research, leadership and scholarship, and classical and contemporary perspectives of Eastern and Western thoughts in a trans-disciplinary setting. Ramakrishna Rao has carried out extensive empirical research collecting data on hidden human potentials and is engaged in providing for them appropriate conceptual framework and theoretical base in cross-cultural consciousness studies. Further, he creatively anchors Gandhian thought and practices to the current developments in consciousness studies. The authors include Prof. Rao's colleagues and contemporaries scattered around the globe and experts in consciousness studies, Gandhian thought, Yoga and parapsychology. They provide interesting insights into the life and work of Prof. Ramakrishna Rao. The present volume is offered as an academic tribute as Prof. Rao crosses the 80th milestone in life's journey and completes sixty years of professional engagement as a teacher and researcher.

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