



# Understanding Psychopathology: An Integral Exploration (Merrill Counseling)

*R. Elliott Ingersoll, Andre Marquis*

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*Understanding Psychopathology: An Integral Exploration* provides an up-to-date, honest, comprehensive exploration of what we know about the causes of and treatments for mental disorders from physiological, cultural, and social perspectives. In layperson's terms the authors present the theories of etiology for each disorder from each perspective, examinations of the treatments for each, and real-world case studies to make the concepts clear. Readers get a solid understanding of the history of DSM-5 and why it alone is not enough to write a rich clinical picture of a client's suffering. Disorders covered include Depression, Anxiety, Substance Use Disorders, Schizophrenia, Bipolar I Disorder, Sexual Disorders, Psychological trauma, Eating Disorders, and Sleep Wake Disorders.

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