



How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally

Joey Lott

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You Can Heal Your Teeth With Sugar!

Does this sound crazy to you? Do you think you need to give up all the foods you love in order to have healthy teeth or gums? Does it really have to be one or the other? Joey Lott, the author of *How I Healed My Teeth By Eating Sugar*, doesn't think so. In this book, he reveals how he reversed a number of tooth and gum problems (cavities, loose teeth, and receding gums, to name a few) with a few dietary tricks (sugar included!) and inexpensive supplements. The regimen is simple, backed by science, and easy on your wallet.

There's More to Dental Health Than Fluoride and Flossing

There are natural ways to heal your teeth and gums that don't involve twice daily brushings and flossings. In fact, these standard methods of tooth care may not be doing as much for your dental health as you've been led to believe. Discover a new formula for repairing cavities, tightening up loose teeth, and healing receding gums that is natural and inexpensive. Find out which supplements really work and which may be over-priced and over-hyped. Learn about the vital role metabolism and hormonal health plays in your ability to regrow and remineralize your teeth. If you've been on the path of natural dental health for a while, you might be surprised by what you read!

Save Serious Cash on Dentist Visits

What would it be like to walk into the dentist's office year after year and have a clean bill of health every time? Fillings and other expensive procedures often feel inevitable; it's easy to feel powerless over our dental health, especially since we've been led to believe it's impossible to regrow teeth. *How I Healed My Teeth By Eating Sugar* takes the reader on a journey through tooth structure and anatomy that reveals the truth of the situation: that our teeth are as much alive as every other part of our body. Because of this, they have the ability to grow and change and respond to different treatments. This means that there is hope, after all.

Download this book now and begin your natural healing journey in dental health. Your teeth and gums will thank you!

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Jose Jones:

Book is to be different per grade. Book for children until adult are different content. We all know that that book is very important normally. The book How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally was making you to know about other knowledge and of course you can take more information. It is very advantages for you. The publication How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally is not only giving you a lot more new information but also to become your friend when you feel bored. You can spend your current spend time to read your reserve. Try to make relationship with all the book How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally. You never really feel lose out for everything if you read some books.

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Joyce Shryock:

In this age globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The condition of the world makes the information better to share. You can find a lot of personal references to get information example: internet, newspaper, book, and soon. You will observe that now, a lot of publisher that print many kinds of book. Typically the book that recommended for your requirements is How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally this book consist a lot of the information on the condition of this world now. This

kind of book was represented just how can the world has grown up. The terminology styles that writer make usage of to explain it is easy to understand. The particular writer made some investigation when he makes this book. This is why this book suited all of you.

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