



Dating Advice for Women: The Shy Gal's Dating Success Guide to Meeting Men, Overcoming Social Anxiety, and Building Self-Confidence

Emily Devonshire

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Meet Men, Overcome Social Anxiety, and Build Self-Confidence

Do you often stay at home while everyone you know is out socializing and going on dates? Have your dating problems become one more burden you would prefer not think about? The disappointment of one more Saturday night alone can often be enough to throw in the towel and hide from all your dating problems. But don't despair, because this first book in a series on Dating Advice for Women will help you take the action steps to break out of your comfort zone so that you can meet new men on a regular basis and become a self-confident, charismatic woman that draws men like a magnet.

Have you delayed putting yourself out there to find a date because you want to lose weight first?

--Find out why you shouldn't put off love and why the biggest obstacle is not finding a man who will accept you, but coming to terms with your own insecurities.

Do you often get nervous when you talk to an attractive guy?

--Learn how reducing expectations can take the pressure off and help you relax.

Does social anxiety keep you from meeting new men?

--In this dating guide for women you will learn the thought patterns that create dating anxiety, and how to liberate yourself from limiting beliefs that are holding you back.

--Find out the one surprising thing that will make you more approachable.

You're about to discover:

-- Where to find men and how to strike up a conversation, as well as the top four ways to find a date.

Do you wish more men would notice you?

--Learn the four key elements of charisma. One of those elements alone will make men want to be a part of your world. Find out how to create a bond between you and your guy.

--Find out how to channel positive energy into your interactions with men so they feel good in your presence.

What else will you learn in this dating success guide for women?

--How to have values and goals that drive your actions.

--How to be an independent, confident woman who doesn't need to conform to the behavior of others.

--The five ways to deal with insecurity and dating anxiety, and five more ways to stay true to who you are.

Have you been looking for a dating coach or dating guide for women? Download your copy today!

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Shameka Smith:

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Lorenzo Maskell:

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