



The Secret Language of Waking Dreams

Mike Avery

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Wake up to the true significance of each moment!

A woman breaks open her Chinese fortune cookie and reads the slip of paper. "Don't fall back on old habits," it says. She looks at the unlit cigarette in her hand - her first in months - and puts it away. While driving, a young man thinks of recent struggles which helped him overcome barriers to happiness in his personal life. Suddenly five sheep jump the fence bordering the highway and dart to a patch of lush green grass in the center divider. Meanwhile, the lecture tape on his car stereo underlines what he sees: "The grass is greener on the other side."

Within this book are fascinating examples from real people who learned to listen to their own inner language - the secret language of waking dreams. Through humble sources they found insights into burdensome problems, prophecies, and even warnings.

Are you overlooking the countless ways life speaks to you for your benefit? Examples and easy techniques in *The Secret Language of Waking Dreams* will help you:

- Discover the key symbols that alert you to the significance of seeming coincidences
- Learn how "bookmarks" can inform you or warn you of upcoming situations
- See common events as stepping-stones along your journey to spiritual awakening
- Find the source for this unique study of waking dreams in ECKANKAR, Religion of the Light and Sound of God.

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