



# **The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life**

*Linda Eyre, Richard Eyre*

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"Communicating with your children is at the very heart of parenting. Linda and Richard Eyre continue to reach out to parents with sage advice on nurturing the family's value system. Make a conscious decision to plug into your kid's world. You may not be the only influence in your child's life, but you have to be the biggest."--Dr. Phil McGraw, #1 *New York Times* best-selling author and host of the TV show *Dr. Phil*

"The Eyres have created a beautiful new language of natural, nurturing symbols that allow parents and children to communicate in a new and effective way. A truly remarkable book which 'strikes at the root.'"--Stephen R. Covey, Author of *The 7 Habits of Highly Effective People* and *The 7 Habits of Highly Effective Families*

"Nurturing is not just for parents. Aunts, uncles, grandparents, or anyone who loves a child needs to read this book."--Jane Clayson, *ABC News* Correspondent

"Mothers have traditionally been the key nurturers in their children's lives. The Eyres' 'natural' approach to principle-centered parenting opens exciting new ways for all of us to nurture family relationships."--Marcia Ford, President, American Mothers Association

**The #1 bestselling authors of *Teaching Your Children Values* show parents how to develop a nurturing environment for their children**

All parents want to teach their children good values. But beneath that desire lies a greater need--for a bond of love and trust that keeps children safe, and lets parents participate more fully in their children's lives.

Linda and Richard Eyre, hosts of a monthly segment on the "CBS Early Show," help parents accomplish this in *The Book of Nurturing*, presenting tools for developing family relationships and turning a house into a home.

They have crafted nine powerful lessons based on stories and parables that can preserve family values and give children a sense of worth and self-esteem, based on:

- Commitment
- Praise, support, and positive affirmation
- Responsibility
- Awareness
- Communication
- Discipline (tough love)
- Consistency
- Security and identity
- Freedom and empowerment

Parents will recognize the wisdom of the nine natural laws and will appreciate the workability of the ideas and application methods. Children will love the images of animals and nature and will feel included and

responsive to their parents' initiatives. In a sense, this is a whole new genre of parenting book--written both for parents and for children, giving them a common language of symbols that they can share and use together to build their relationships and strengthen their family.

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