



# Foundations of Professional Nursing: Care of Self and Others

*Katherine, MScN Renpenning, Susan Gebhardt, MSN, PhD, FAAN Taylor, Judith M., PhD, RN Pickens*

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*Integrates the science of self-care with other nursing and multidisciplinary perspectives*

This is the first text for the Professional Nursing Practice course in RN to BSN curriculum to present a conceptual framework for contemporary nursing practice based on the science of self-care that also incorporates other nursing and multidisciplinary perspectives. Built upon the premise that nursing is both a caring and a knowledge-based profession, this cutting-edge text illustrates how to attain and integrate knowledge from nursing theory and theories of related disciplines to achieve optimal evidence-based nursing practice. Using case studies to demonstrate the relationship between nursing theory and practice, the text underscores the importance of having a deep understanding and conceptual model of the unique role of nursing in society and its practice domain.

The text instills a foundational understanding of the science of self-care and its contribution to contemporary nursing. It describes how this paradigm is gaining recognition as an effective anti-burnout strategy and demonstrates how it can be applied. Case examples from a variety of clinical situations integrated with nursing theory demonstrate the variables needed to achieve optimal nursing practice. The book illustrates what data to collect, how to analyze that data, how to design and implement intervention strategies, and how to determine their effectiveness. Key concept boxes, measurable objectives with critical thinking questions, and learning activities reinforce content. Additionally, more complex cases included at the end of the text and frequent links to nursing literature provide fodder for more in-depth analysis.

## **Key Features:**

- Provides an integrative model for nursing practice based on self-care that is useful in all clinical settings
- Illustrates how to attain and integrate knowledge from the science of self-care with other nursing theories
- Demonstrates the relationship between theory and practice through case studies
- Introduces students to the importance of recording and analyzing data to achieve evidence-based practice
- Includes measurable objectives with review questions at the end of chapters and many other pedagogical features

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**From reader reviews:**

**Mary Ehlers:**

This Foundations of Professional Nursing: Care of Self and Others book is simply not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book is actually information inside this publication incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. This particular Foundations of Professional Nursing: Care of Self and Others without we understand teach the one who examining it become critical in imagining and analyzing. Don't end up being worry Foundations of Professional Nursing: Care of Self and Others can bring any time you are and not make your bag space or bookshelves' turn out to be full because you can have it in the lovely laptop even telephone. This Foundations of Professional Nursing: Care of Self and Others having good arrangement in word and also layout, so you will not sense uninterested in reading.

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